

**SCITUATE FAMILY PRACTICE**

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Name: \_\_\_\_\_

Date of Birth: \_\_\_\_\_

**ADULT HEALTH HISTORY QUESTIONNAIRE**

*Please answer as best as possible. All answers will be kept confidential.*

How did you hear about this practice? \_\_\_\_\_

**PAST MEDICAL HISTORY**

Past/Current Medical Problems: \_\_\_\_\_

\_\_\_\_\_

Operations/Hospitalizations (date, reason): \_\_\_\_\_

Medications (with dose): \_\_\_\_\_

\_\_\_\_\_

Any Known Allergies to Medications: No Yes Which?: \_\_\_\_\_

**PERSONAL HISTORY**

Tobacco: Do you smoke? Yes Quit Never Packs/Day: \_\_\_\_ Age you began smoking: \_\_\_\_

Does anyone else smoke in the home? Yes No

Alcohol: Drinks/average week: \_\_\_\_ Other drugs you have used: \_\_\_\_\_

Regular Exercise: \_\_\_\_\_

Marital Status: \_\_\_\_\_ Level completed in school: \_\_\_\_\_

Members of Household (name, relation): \_\_\_\_\_

Other children not at home: \_\_\_\_\_

Places lived outside of US: \_\_\_\_\_

Does anyone hit or hurt you: Yes No

Are you interested in discussing a healthcare proxy and/or advanced directives? Yes No

**WORK HISTORY**

What is your current job? \_\_\_\_\_

Is there anything now, or in past jobs or hobbies that could be hazardous (asbestos, chemicals, repetitive strain, radiation, etc.)? \_\_\_\_\_

**FAMILY HISTORY**

Mother: Age, if living: \_\_\_\_ Health problems: \_\_\_\_\_

If deceased, age at death: \_\_\_\_ Cause: \_\_\_\_\_

Father: Age, if living: \_\_\_\_ Health problems: \_\_\_\_\_

If deceased, age at death: \_\_\_\_ Cause: \_\_\_\_\_

Number of brothers: \_\_\_\_ sisters: \_\_\_\_ Health problems: \_\_\_\_\_

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If any apply to your family, please indicate how the person is related:

Cancer: \_\_\_\_\_ Diabetes: \_\_\_\_\_ Depression: \_\_\_\_\_  
types of cancer: \_\_\_\_\_ Heart attack: \_\_\_\_\_ Stroke: \_\_\_\_\_  
Other diseases: \_\_\_\_\_

**REVIEW OF SYSTEMS**

In the past two weeks, how often have you:

Felt down, depressed or hopeless? Not at all Several days More than 1/2 of days Nearly every day  
Found little interest or pleasure in doing things: Not at all Several days More than 1/2 of days Nearly every day

Please indicate if you have concerns in any of the following areas:

Housing Food Finances Transportation Language barriers Social anxiety/isolation

Which do you have, or have you had recently? Write in any other symptoms and circle any that concern you.

**GENERAL**

Weight change  
Change in appetite  
Sensitivity to heat or cold  
Sexual concerns

**EAR, NOSE, THROAT**

Trouble with hearing  
Trouble with vision  
Trouble with teeth or gums  
Hay fever/sinus problems  
Last eye exam: \_\_\_\_\_

**HEART**

Chest pain or tightness  
Palpitations  
Swelling of legs or ankles

**RESPIRATORY**

Cough/wheezing  
Hoarseness  
Shortness of breath

**NEUROLOGIC**

Headache  
Sleep problems

**IMMUNIZATIONS (please provide year, if known)**

Tetanus \_\_\_\_\_  
Hepatitis B: \_\_\_\_\_  
Pneumonia: \_\_\_\_\_  
Influenza (Flu): \_\_\_\_\_

**GASTROINTESTINAL**

Stomach pain  
Nausea or vomiting  
Diarrhea or constipation  
Blood in stool/black stool  
Date of last colonoscopy: \_\_\_\_\_

**URINARY**

Pain or burning  
Increased frequency  
Sexually transmitted diseases  
Frequent urinary infections

**MOOD**

Anxiety  
Panic attacks  
Depression

**OTHER**

Arthritis  
Back pain  
Rashes  
Changing moles

**WOMEN**

Problems with periods  
Breast lumps  
Date of last mammogram: \_\_\_\_\_  
Date of last Pap smear: \_\_\_\_\_

Person completing form: \_\_\_\_\_ Date: \_\_\_\_\_